

## Combating the Epidemic of Building-Related Illness in Middle East Region

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The Middle East region is facing a rising epidemic of building-related illnesses, much like the rest of the world. This surge, highlighted by the World Health Organisation (WHO) and the Middle East region scientific community, includes respiratory issues, chronic fatigue, depression, and more.

Known as the great Masquerade of the 21st century, these conditions also encompass increased rates of Alzheimer's, Parkinson's, and other cytotoxic and neurotoxic illnesses. Triggers include chemicals, volatile organic compounds (VOCs), Actinos, endotoxins, and over 30 other contaminants often found in new or renovated buildings. See our website for detailed evidence. [\[link\]](#)



**WINNER: Building Forensics Ltd**  
Best Mould Health Solutions Provider 2024 - UK



### Why Choose Us to identify your risks and hazards?

For over 35 years, our expert environmental hygienists have specialized in identifying and mitigating these health hazards. Though not medically qualified, we provide essential support to clients, healthcare professionals and contractors, identifying biological and chemical triggers providing precise data and actionable insights. Working worldwide we have developed many unique solutions which are only available through us.

### Our Unique Services include:

#### 1. Personal insight

We interview our clients to review objectives, health concerns, related symptoms, time frames and generally gather relevant information

#### 2. Urine Sampling Kit

Assess body loading of various chemicals, toxins, and inflammagens with a view to identifying presence within the property during the survey.

#### 3. Detailed Property Investigation

Our Indoor Environmental Hygienists conduct thorough investigations to identify possible causation, contamination reservoirs, and perform risk and hazard assessments. See our website for details. [\[link\]](#)

#### 4. Correlation with Urine Analysis

We identify building contaminants that align with findings from urine analysis, ensuring comprehensive health risk assessments and data on which to reduce exposure risk and improve treatment plans. Remember treatment and possibly diagnosis is unlikely to be successful if the causation and exposure are still present.

#### 5. Identification of Contaminants

Identify toxigenic mould, bacteria, microbial VOCs (mVOCs), and other contaminants in the property, linking them to health markers of inflammatory response or CIRS. Working with health care professionals we can also target specific issues identified during treatment.

#### 6. Remediation and Decontamination Protocols

Provide detailed protocols for contractors to ensure effective remediation and decontamination of the property.

#### 7. Comprehensive Reporting

Deliver full reports to healthcare professionals and stakeholders with findings, analyses, and recommended actions regarding the property. Not medical advice.

#### 8. Monitoring and Verification

Monitor or verify contractors' decontamination protocols, providing clearance verification for safe occupancy. We can also install Starlink for remote and constant monitoring of your environmental conditions to identify possible risks or failures.

### Enhance Your Health and Well-being

Choose us for our unparalleled expertise in environmental hygiene. Partnering with healthcare professionals, major laboratories across the world, we offer a meticulous approach to identifying and mitigating building-related health issues. Ensure a healthier living and working environment today.

### Take the First Step Towards Healthier Living

For more information and detailed references, visit our website to learn more about how our services can help you identify and address building-related illnesses. Your health and safety are our top priority.

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